



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Leupold, Harald

Club: IfL

Number: 402

Course: 10.00 km

Volkslauf

Category:

Männer M45

Total time: 57:34

Speed: 10.42 km/h

Running performance: 5:46 min/km

Rank in course/Total: 74 (of 188)

Rank in course/Men: 57 (of 110)

Best time in course: 42:05

Rank in category: 6(of 13)

Best time in the category: 46:40