



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Geißner, Birgit

Club: IfL Frankenwald

Number: 475

Course: 10.00 km

Volkslauf

Category:

Frauen W45

Total time: 58:08

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 80 (of 188)

Rank in course/Women: 18 (of 78)

Best time in course: 44:55

Rank in category: 1(of 9)

Best time in the category: 58:08