



3. Park&See-Lauf Hof  
Hof / 02.10.2010

Detailed evaluation

Mitschke, Kai

Club: REHAU AG + Co.  
Number: 382

Course: 10.00 km  
Volkslauf

Category:  
Männer M35

Total time: 58:23

Speed: 10.28 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 81 (of 188)

Rank in course/Men: 63 (of 110)

Best time in course: 42:05

Rank in category: 13(of 17)

Best time in the category: 42:08