



### 3. Park&See-Lauf Hof

Hof / 02.10.2010

#### Detailed evaluation

Mitschke, Kai

Club: REHAU AG + Co.

Number: 382

Course: 10.00 km

Volkslauf

Category:

Männer M35

Total time: 58:23

Speed: 10.28 km/h

Running performance: 5:50 min/km

Rank in course/Total: 81 (of 188)

Rank in course/Men: 63 (of 110)

Best time in course: 42:05

Rank in category: 13(of 17)

Best time in the category: 42:08