



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Jahreis, Nico

Club: SV Fortuna Gefell

Number: 39

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:13:26

Speed: 17.16 km/h

Running performance: 3:29 min/km

Rank in course/Total: 1 (of 237)

Rank in course/Men: 1 (of 195)

Best time in course: 1:13:26

Rank in category: 1(of 20)

Best time in the category: 1:13:26