



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Röder, Christine

Club: REHAU AG + Co.
Number: 477

Course: 10.00 km
Volkslauf

Category:
Frauen W45

Total time: 59:13

Speed: 10.13 km/h
Running performance: 5:55 min/km

Rank in course/Total: 88 (of 188)

Rank in course/Women: 19 (of 78)

Best time in course: 44:55

Rank in category: 2(of 9)

Best time in the category: 58:08