



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

rottmann, markus

Club: hof

Number: 393

Course: 10.00 km

Volkslauf

Category:

Männer M40

Total time: 59:23

Speed: 10.10 km/h

Running performance: 5:56 min/km

Rank in course/Total: 90 (of 188)

Rank in course/Men: 71 (of 110)

Best time in course: 42:05

Rank in category: 13(of 18)

Best time in the category: 49:00