



3. Park&See-Lauf Hof

Hof / 02.10.2010

Detailed evaluation

Mehlin, Markus

Club: Sana Klinikum Hof

Number: 364

Course: 10.00 km

Volkslauf

Category:

Männer M30

Total time: 1:00:02

Speed: 9.99 km/h

Running performance: 6:00 min/km

Rank in course/Total: 93 (of 188)

Rank in course/Men: 74 (of 110)

Best time in course: 42:05

Rank in category: 11(of 15)

Best time in the category: 44:49