



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Kaestel, Monika

Club: IfL Hof
Number: 242

Course: 10.00 km
Volkslauf

Category:
Frauen W60

Total time: 1:00:04

Speed: 9.99 km/h
Running performance: 6:01 min/km

Rank in course/Total: 94 (of 188)
Rank in course/Women: 20 (of 78)
Best time in course: 44:55

Rank in category: 1(of 2)
Best time in the category: 1:00:04