



3. Park&See-Lauf Hof
Hof / 02.10.2010

Detailed evaluation

Lichy, Carmen

Club: Rehau AG

Number: 78

Course: 10.00 km

Volkslauf

Category:

Frauen W45

Total time: 1:00:26

Speed: 9.93 km/h

Running performance: 6:02 min/km

Rank in course/Total: 96 (of 188)

Rank in course/Women: 21 (of 78)

Best time in course: 44:55

Rank in category: 3(of 9)

Best time in the category: 58:08