



9. Langenberg-Marathon  
Wiemeringhausen / 03.10.2010

Detailed evaluation

Ramroth, Frank

Club: 'Sundern  
Number: 166

Course: 44.00 km  
Kurzstrecke

Category:  
Senioren II

Total time: 2:23:56

Speed: 18.34 km/h

Rank in course/Total: 135 (of 429)

Rank in course/Men: 133 (of 388)

Best time in course: 1:45:50

Rank in category: 44(of 153)

Best time in the category: 2:00:40