



9. Langenberg-Marathon  
Wiemeringhausen / 03.10.2010

Detailed evaluation

**Arnz, Siegfried**

Club: Wuppertal  
Number: 282

Course: 44.00 km  
Kurzstrecke

Category:  
Senioren II

Total time: 3:17:41

Speed: 13.35 km/h

Rank in course/Total: 394 (of 429)

Rank in course/Men: 359 (of 388)

Best time in course: 1:45:50

Rank in category: 145(of 153)

Best time in the category: 2:00:40