



9. Langenberg-Marathon  
 Wiemeringhausen / 03.10.2010

Detailed evaluation

de Jong, Guido

Club: MBC Bar End / Proquro  
 Number: 720

Course: 84.00 km  
 Langdistanz (Lizenz)

Category:  
 Lizenzfahrer

Total time: 3:40:46

Speed: 22.83 km/h

Rank in course/Total: 4 (of 26)

Rank in course/Men: 4 (of 26)

Best time in course: 3:26:17

Rank in category: 4(of 26)

Best time in the category: 3:26:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenkontrolle	44.00	1:49:23	24.14	5	13:49	5	13:49	44.00	1:49:23	24.14	23			23	
Finish	40.00	1:51:23	21.55	4	6:47	4	6:47	84.00	3:40:46	22.83	5	1:12:12	5	1:12:12	