



9. Langenberg-Marathon
Wiemeringhausen / 03.10.2010

Detailed evaluation

Gieß, Volker

Club: TV-Attendorf / FlyingLegs
Number: 461

Course: 84.00 km
Langdistanz

Category:
Senioren II

Total time: 4:03:00

Speed: 20.74 km/h

Rank in course/Total: 14 (of 161)

Rank in course/Men: 14 (of 151)

Best time in course: 3:40:45

Rank in category: 6(of 59)

Best time in the category: 3:40:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:00:24	21.93	8	10:45	18	10:45	44.00	2:00:24	21.93	35		15	
Finish	40.00	2:02:36	19.58	7	1:17:41	14	1:17:41	84.00	4:03:00	20.74	10	1:48:42	25	2:20:00