



9. Langenberg-Marathon
Wiemeringhausen / 03.10.2010

Detailed evaluation

Sowa, Gerd

Club: P-Racer
Number: 127

Course: 84.00 km
Langdistanz

Category:
Senioren I

Total time: 4:16:06

Speed: 19.68 km/h

Rank in course/Total: 22 (of 161)

Rank in course/Men: 22 (of 151)

Best time in course: 3:40:45

Rank in category: 7(of 47)

Best time in the category: 3:46:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:08:15	20.58	12	14:40	37	18:36	44.00	2:08:15	20.58	31			23
Finish	40.00	2:07:51	18.77	8	15:20	24	1:22:56	84.00	4:16:06	19.68	7	29:11	33	2:33:06