



9. Langenberg-Marathon  
Wiemeringhausen / 03.10.2010

Detailed evaluation

Albrecht, Henrik

Club: RSC Nievenheim  
Number: 600

Course: 84.00 km  
Langdistanz

Category:  
Herren

Total time: 4:16:18

Speed: 19.66 km/h

Rank in course/Total: 24 (of 161)

Rank in course/Men: 24 (of 151)

Best time in course: 3:40:45

Rank in category: 8(of 30)

Best time in the category: 3:50:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:04:25	21.22	6	10:46	21	14:46	44.00	2:04:25	21.22	19		24	
Finish	40.00	2:11:53	18.20	11	28:53	30	1:26:58	84.00	4:16:18	19.66	13	2:33:18	35	2:33:18