



9. Langenberg-Marathon
Wiemeringhausen / 03.10.2010

Detailed evaluation

Arens, Frank

Club: TV Attorn
Number: 244

Course: 84.00 km
Langdistanz

Category:
Senioren I

Total time: 4:22:53

Speed: 19.17 km/h

Rank in course/Total: 36 (of 161)

Rank in course/Men: 36 (of 151)

Best time in course: 3:40:45

Rank in category: 14(of 47)

Best time in the category: 3:46:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:07:46	20.66	11	14:11	36	18:07	44.00	2:07:46	20.66	38			37
Finish	40.00	2:15:07	17.76	16	22:36	44	1:30:12	84.00	4:22:53	19.17	14	35:58	47	2:39:53