



9. Langenberg-Marathon  
Wiemeringhausen / 03.10.2010

Detailed evaluation

Köhler, Roland

Club: Rc Endspurt Herford  
Number: 8

Course: 84.00 km  
Langdistanz

Category:  
Senioren II

Total time: 4:54:33

Speed: 17.11 km/h

Rank in course/Total: 83 (of 161)

Rank in course/Men: 81 (of 151)

Best time in course: 3:40:45

Rank in category: 27(of 59)

Best time in the category: 3:40:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:26:06	18.07	27	36:27	88	36:27	44.00	2:26:06	18.07	15			82
Finish	40.00	2:28:27	16.17	28	1:43:32	80	1:43:32	84.00	4:54:33	17.11	31	2:40:15	92	3:11:33