



9. Langenberg-Marathon
 Wiemeringhausen / 03.10.2010

Detailed evaluation

Lenzen, Markus

Club: Lohmar
 Number: 658

Course: 84.00 km
 Langdistanz

Category:
 Senioren III

Total time: 4:54:40

Speed: 17.10 km/h

Rank in course/Total: 84 (of 161)

Rank in course/Men: 82 (of 151)

Best time in course: 3:40:45

Rank in category: 6(of 14)

Best time in the category: 4:10:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenkontrolle	44.00	2:21:51	18.61	6	23:13	79	32:12	44.00	2:21:51	18.61	6	23:13	83		
Finish	40.00	2:32:49	15.71	7	21:13	91	1:47:54	84.00	4:54:40	17.10	8	2:15:00	93	3:11:40	