



9. Langenberg-Marathon  
 Wiemeringhausen / 03.10.2010

Detailed evaluation

van Wijk, Harry

Club: Team Rolfes  
 Number: 109

Course: 84.00 km  
 Langdistanz

Category:  
 Senioren II

Total time: 5:15:13

Speed: 15.99 km/h

Rank in course/Total: 103 (of 161)

Rank in course/Men: 100 (of 151)

Best time in course: 3:40:45

Rank in category: 32(of 59)

Best time in the category: 3:40:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Rundenkontrolle	44.00	2:35:37	16.96	37	45:58	107	45:58	44.00	2:35:37	16.96	6			101
Finish	40.00	2:39:36	15.04	34	1:54:41	102	1:54:41	84.00	5:15:13	15.99	36	3:00:55	111	3:32:13