



9. Langenberg-Marathon
Wiemeringhausen / 03.10.2010

Detailed evaluation

Trostmann, Jörg

Club: Team-Speiche Witten
Number: 615

Course: 84.00 km
Langdistanz

Category:
Senioren I

Total time: 5:28:14

Speed: 15.35 km/h

Rank in course/Total: 115 (of 161)

Rank in course/Men: 110 (of 151)

Best time in course: 3:40:45

Rank in category: 38(of 47)

Best time in the category: 3:46:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	44.00	2:39:07	16.59	39	45:32	114	49:28	44.00	2:39:07	16.59	15	10:35	111	1:09
Finish	40.00	2:49:07	14.19	37	56:36	115	2:04:12	84.00	5:28:14	15.35	38	1:41:19	121	3:45:14