



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Dietrich, Rene

Club: Erdinger Stammtisch 590
Number: 332

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M30

Total time: 1:43:04

Speed: 12.28 km/h
Running performance: 4:53 min/km

Rank in course/Total: 18 (of 127)

Rank in course/Men: 18 (of 101)

Best time in course: 1:22:06

Rank in category: 2(of 7)

Best time in the category: 1:41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	53:40	5:03	2	2:00	28	11:30	10.60	53:40	5:03	2	2:00	59	
Last lap Finish	10.50	49:24	4:42	1	-	11	9:28	21.10	1:43:04	4:53	2	1:22	18	20:58