



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Reschke, Helmut

Club: Neuzelle  
Number: 323

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M45

Total time: 1:43:45

Speed: 12.14 km/h  
Running performance: 4:55 min/km

Rank in course/Total: 19 (of 127)

Rank in course/Men: 19 (of 101)

Best time in course: 1:22:06

Rank in category: 5(of 25)

Best time in the category: 1:26:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.60	51:52	4:53	5	8:34	20	9:42	10.60	51:52	4:53	21			58	
Last lap Finish	10.50	51:53	4:56	5	8:47	25	11:57	21.10	1:43:45	4:55	5	17:21	19	21:39	