



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Herrmann, Mike

Club: Team Justitia
Number: 334

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:44:36

Speed: 12.05 km/h
Running performance: 4:58 min/km

Rank in course/Total: 23 (of 127)

Rank in course/Men: 23 (of 101)

Best time in course: 1:22:06

Rank in category: 8(of 22)

Best time in the category: 1:34:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	52:53	4:59	7	5:21	22	10:43	10.60	52:53	4:59	15			54
Last lap Finish	10.50	51:43	4:55	9	5:13	23	11:47	21.10	1:44:36	4:57	8	10:34	23	22:30