



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Lenz, Michael

Club: Berlin  
Number: 434

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M40

Total time: 1:44:41

Speed: 12.09 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 24 (of 127)

Rank in course/Men: 24 (of 101)

Best time in course: 1:22:06

Rank in category: 9(of 22)

Best time in the category: 1:34:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.60	53:08	5:00	9	5:36	24	10:58	10.60	53:08	5:00	14			53	
Last lap Finish	10.50	51:33	4:54	8	5:03	21	11:37	21.10	1:44:41	4:57	9	10:39	24	22:35	