



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Mützlitz, Sabine

Club: Berlin  
Number: 300

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Frauen W40

Total time: 1:46:32

Speed: 11.83 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 28 (of 127)

Rank in course/Women: 2 (of 26)

Best time in course: 1:44:43

Rank in category: 2(of 8)

Best time in the category: 1:44:43

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |  |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
|                 |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |  |
| Lap 1           | 10.60       | 53:56         | 5:05            | 2           | 0:51           | 2            | 0:51            | 10.60         | 53:56         | 5:05            | 2           | 0:51           | 26           |                 |  |
| Last lap Finish | 10.50       | 52:36         | 5:00            | 2           | 0:58           | 2            | 0:58            | 21.10         | 1:46:32       | 5:02            | 2           | 1:49           | 2            | 1:49            |  |