



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Schröder, Heinrich

Club: Laufrausch-Südwest
Number: 433

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M50

Total time: 1:47:43

Speed: 11.70 km/h
Running performance: 5:07 min/km

Rank in course/Total: 31 (of 127)

Rank in course/Men: 29 (of 101)

Best time in course: 1:22:06

Rank in category: 2(of 15)

Best time in the category: 1:44:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.60	53:50	5:04	2	2:14	29	11:40	10.60	53:50	5:04	2	2:14	97		
Last lap Finish	10.50	53:53	5:07	2	1:03	32	13:57	21.10	1:47:43	5:06	2	3:17	29	25:37	