



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Lück, Jens

Club: Cottbus

Number: 416

Course: 21.10 km

Cross-Halbmarathon

Category:

Männer M40

Total time: 1:49:07

Speed: 11.60 km/h

Running performance: 5:10 min/km

Rank in course/Total: 38 (of 127)

Rank in course/Men: 35 (of 101)

Best time in course: 1:22:06

Rank in category: 11(of 22)

Best time in the category: 1:34:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	55:23	5:13	10	7:51	39	13:13	10.60	55:23	5:13	1	-	76	
Last lap Finish	10.50	53:44	5:07	11	7:14	31	13:48	21.10	1:49:07	5:10	11	15:05	35	27:01