



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Fritsche, Gerd

Club: Eisenhüttenstadt  
Number: 339

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M45

Total time: 1:49:53

Speed: 11.52 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 39 (of 127)

Rank in course/Men: 36 (of 101)

Best time in course: 1:22:06

Rank in category: 8(of 25)

Best time in the category: 1:26:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	53:55	5:05	6	10:37	30	11:45	10.60	53:55	5:05	18			90
Last lap Finish	10.50	55:58	5:19	10	12:52	42	16:02	21.10	1:49:53	5:12	8	23:29	36	27:47