



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Berg, Frank

Club: FRC

Number: 401

Course: 21.10 km

Cross-Halbmarathon

Category:

Männer M50

Total time: 1:50:42

Speed: 11.38 km/h

Running performance: 5:15 min/km

Rank in course/Total: 43 (of 127)

Rank in course/Men: 39 (of 101)

Best time in course: 1:22:06

Rank in category: 3(of 15)

Best time in the category: 1:44:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	55:54	5:16	3	4:18	41	13:44	10.60	55:54	5:16	3	4:18	87	
Last lap Finish	10.50	54:48	5:13	3	1:58	36	14:52	21.10	1:50:42	5:14	3	6:16	39	28:36