



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Sdorra, Alexander

Club: Groß Lindow
Number: 351

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M35

Total time: 1:51:31

Speed: 11.35 km/h
Running performance: 5:17 min/km

Rank in course/Total: 44 (of 127)

Rank in course/Men: 40 (of 101)

Best time in course: 1:22:06

Rank in category: 4(of 11)

Best time in the category: 1:41:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	55:14	5:12	4	5:08	37	13:04	10.60	55:14	5:12	4	5:08	86	
Last lap Finish	10.50	56:17	5:21	4	5:28	43	16:21	21.10	1:51:31	5:17	4	10:00	40	29:25