



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Kusnick, Jörg

Club: Frankfurt (Oder)  
Number: 426

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M45

Total time: 1:52:48

Speed: 11.22 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 49 (of 127)

Rank in course/Men: 45 (of 101)

Best time in course: 1:22:06

Rank in category: 11(of 25)

Best time in the category: 1:26:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	57:45	5:26	13	14:27	55	15:35	10.60	57:45	5:26	16	2:40	82	1:27
Last lap Finish	10.50	55:03	5:14	9	11:57	39	15:07	21.10	1:52:48	5:20	11	26:24	45	30:42