



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Kühl, Henry

Club: Team Justitia
Number: 341

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:53:22

Speed: 11.17 km/h
Running performance: 5:22 min/km

Rank in course/Total: 50 (of 127)

Rank in course/Men: 46 (of 101)

Best time in course: 1:22:06

Rank in category: 12(of 25)

Best time in the category: 1:26:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	55:56	5:16	11	12:38	42	13:46	10.60	55:56	5:16	15	0:51	81	
Last lap Finish	10.50	57:26	5:28	11	14:20	46	17:30	21.10	1:53:22	5:22	12	26:58	46	31:16