



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Keppner, Andreas

Club: Eisenhüttenstadt
Number: 372

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:53:26

Speed: 11.11 km/h
Running performance: 5:23 min/km

Rank in course/Total: 51 (of 127)

Rank in course/Men: 47 (of 101)

Best time in course: 1:22:06

Rank in category: 13(of 25)

Best time in the category: 1:26:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	54:25	5:08	8	11:07	35	12:15	10.60	54:25	5:08	14			80
Last lap Finish	10.50	59:01	5:37	16	15:55	57	19:05	21.10	1:53:26	5:22	13	27:02	47	31:20