



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Rademacher, Herbert W.

Club: München  
Number: 307

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M50

Total time: 1:53:59

Speed: 11.05 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 55 (of 127)

Rank in course/Men: 49 (of 101)

Best time in course: 1:22:06

Rank in category: 5(of 15)

Best time in the category: 1:44:26

Intermediate times

Stage score

Total ranking

| Control         | Split |       | Pos  | Behind | Pos    |      | Behind | Total |         | Pos  | Behind | Pos  |    | Behind |
|-----------------|-------|-------|------|--------|--------|------|--------|-------|---------|------|--------|------|----|--------|
|                 | km    | Time  |      |        | min/km | Cat. |        | Cat.  | Men     |      |        | Men  | km |        |
| Lap 1           | 10.60 | 58:08 | 5:29 | 7      | 6:32   | 57   | 15:58  | 10.60 | 58:08   | 5:29 | 5      | 6:32 | 78 | 1:50   |
| Last lap Finish | 10.50 | 55:51 | 5:19 | 5      | 3:01   | 41   | 15:55  | 21.10 | 1:53:59 | 5:24 | 5      | 9:33 | 49 | 31:53  |