



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Kirschke, Manuel

Club: Tauche/OT Kossenblatt
Number: 382

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M20

Total time: 1:54:14

Speed: 11.08 km/h
Running performance: 5:25 min/km

Rank in course/Total: 56 (of 127)

Rank in course/Men: 50 (of 101)

Best time in course: 1:22:06

Rank in category: 6(of 10)

Best time in the category: 1:40:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	56:41	5:20	8	6:45	48	14:31	10.60	56:41	5:20	6	6:45	77	0:23
Last lap Finish	10.50	57:33	5:28	6	6:48	48	17:37	21.10	1:54:14	5:24	6	13:33	50	32:08