



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Dockter, Frank

Club: Forst
Number: 406

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M50

Total time: 1:56:14

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 62 (of 127)

Rank in course/Men: 53 (of 101)

Best time in course: 1:22:06

Rank in category: 6(of 15)

Best time in the category: 1:44:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	57:22	5:24	5	5:46	53	15:12	10.60	57:22	5:24	6	5:46	24	1:04
Last lap Finish	10.50	58:52	5:36	6	6:02	54	18:56	21.10	1:56:14	5:30	6	11:48	53	34:08