



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Damer, Markus

Club: Berlin
Number: 410

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M35

Total time: 1:57:17

Speed: 10.74 km/h
Running performance: 5:34 min/km

Rank in course/Total: 65 (of 127)

Rank in course/Men: 56 (of 101)

Best time in course: 1:22:06

Rank in category: 6(of 11)

Best time in the category: 1:41:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	59:52	5:38	8	9:46	73	17:42	10.60	59:52	5:38	6	9:46	21	3:34
Last lap Finish	10.50	57:25	5:28	6	6:36	45	17:29	21.10	1:57:17	5:33	6	15:46	56	35:11