



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Bock, Harald

Club: DHK 96

Number: 421

Course: 21.10 km

Cross-Halbmarathon

Category:

Männer M50

Total time: 1:57:56

Speed: 10.68 km/h

Running performance: 5:35 min/km

Rank in course/Total: 68 (of 127)

Rank in course/Men: 58 (of 101)

Best time in course: 1:22:06

Rank in category: 8(of 15)

Best time in the category: 1:44:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	58:59	5:33	9	7:23	65	16:49	10.60	58:59	5:33	8	7:23	19	2:41
Last lap Finish	10.50	58:57	5:36	7	6:07	56	19:01	21.10	1:57:56	5:35	8	13:30	58	35:50