



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Freihof, Andree

Club: Fürstenwalde
Number: 326

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M50

Total time: 1:58:11

Speed: 10.66 km/h
Running performance: 5:36 min/km

Rank in course/Total: 69 (of 127)

Rank in course/Men: 59 (of 101)

Best time in course: 1:22:06

Rank in category: 9(of 15)

Best time in the category: 1:44:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	57:01	5:22	4	5:25	49	14:51	10.60	57:01	5:22	9	5:25	18	0:43
Last lap Finish	10.50	1:01:10	5:49	9	8:20	65	21:14	21.10	1:58:11	5:36	9	13:45	59	36:05