



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Saekert, Hans-Jürgen

Club: Pneumant Fürstenwalde
Number: 439

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M55

Total time: 1:58:25

Speed: 10.69 km/h
Running performance: 5:37 min/km

Rank in course/Total: 70 (of 127)

Rank in course/Men: 60 (of 101)

Best time in course: 1:22:06

Rank in category: 4(of 7)

Best time in the category: 1:26:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	57:19	5:24	4	14:00	52	15:09	10.60	57:19	5:24	4	14:00	17	1:01
Last lap Finish	10.50	1:01:06	5:49	4	18:20	64	21:10	21.10	1:58:25	5:36	4	32:20	60	36:19