



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Jung, Sebastian

Club: Berlin  
Number: 419

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M30

Total time: 1:58:43

Speed: 10.61 km/h  
Running performance: 5:38 min/km

Rank in course/Total: 72 (of 127)

Rank in course/Men: 62 (of 101)

Best time in course: 1:22:06

Rank in category: 6(of 7)

Best time in the category: 1:41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	59:06	5:34	6	7:26	67	16:56	10.60	59:06	5:34	6	7:26	15	2:48
Last lap Finish	10.50	59:37	5:40	6	10:13	61	19:41	21.10	1:58:43	5:37	6	17:01	62	36:37