



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Hennemann, Mike

Club: TUS Sumip&rke
Number: 441

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:59:43

Speed: 10.52 km/h
Running performance: 5:40 min/km

Rank in course/Total: 75 (of 127)

Rank in course/Men: 65 (of 101)

Best time in course: 1:22:06

Rank in category: 17(of 25)

Best time in the category: 1:26:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 10.60 | 1:01:37 | 5:48 | 21 | 18:19 | 79 | 19:27 | 10.60 | 1:01:37 | 5:48 | 10 | 6:32 | 12 | 5:19 |
| Last lap Finish | 10.50 | 58:06 | 5:31 | 14 | 15:00 | 51 | 18:10 | 21.10 | 1:59:43 | 5:40 | 17 | 33:19 | 65 | 37:37 |