



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Goellner, Heiko

Club: Seat AH
Number: 390

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 2:00:13

Speed: 10.48 km/h
Running performance: 5:42 min/km

Rank in course/Total: 79 (of 127)

Rank in course/Men: 69 (of 101)

Best time in course: 1:22:06

Rank in category: 19(of 25)

Best time in the category: 1:26:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	58:48	5:32	15	15:30	60	16:38	10.60	58:48	5:32	8	3:43	8	2:30
Last lap Finish	10.50	1:01:25	5:50	18	18:19	68	21:29	21.10	2:00:13	5:41	19	33:49	69	38:07