



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Schöke, Karsten

Club: Crazy Elephants
Number: 356

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 2:08:39

Speed: 9.79 km/h
Running performance: 6:06 min/km

Rank in course/Total: 93 (of 127)

Rank in course/Men: 82 (of 101)

Best time in course: 1:22:06

Rank in category: 21(of 25)

Best time in the category: 1:26:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:01:23	5:47	19	18:05	77	19:13	10.60	1:01:23	5:47	5	6:18	44	5:05
Last lap Finish	10.50	1:07:16	6:24	21	24:10	83	27:20	21.10	2:08:39	6:05	21	42:15	82	46:33