



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Witthuhn, Uwe

Club: Crazy Elephants
Number: 355

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 2:08:40

Speed: 9.79 km/h
Running performance: 6:06 min/km

Rank in course/Total: 94 (of 127)

Rank in course/Men: 83 (of 101)

Best time in course: 1:22:06

Rank in category: 22(of 25)

Best time in the category: 1:26:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:01:23	5:47	19	18:05	77	19:13	10.60	1:01:23	5:47	5	6:18	44	5:05
Last lap Finish	10.50	1:07:17	6:24	22	24:11	84	27:21	21.10	2:08:40	6:05	22	42:16	83	46:34