



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Seefeld, Silvana

Club: Rennsemmel
Number: 427

Course: 21.10 km
Cross-Halbmarathon

Category:
Frauen W40

Total time: 2:11:06

Speed: 9.66 km/h
Running performance: 6:13 min/km

Rank in course/Total: 100 (of 127)

Rank in course/Women: 15 (of 26)

Best time in course: 1:44:43

Rank in category: 7(of 8)

Best time in the category: 1:44:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking					
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	10.60	1:04:24	6:04	5	11:19	12	11:19	10.60	1:04:24	6:04	7	11:19	13
Last lap Finish	10.50	1:06:42	6:21	7	15:04	16	15:04	21.10	2:11:06	6:12	7	26:23	15 26:23