



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Westphal, Hartmut

Club: Möbiskruger SV 67
Number: 378

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M50

Total time: 2:13:45

Speed: 9.42 km/h
Running performance: 6:20 min/km

Rank in course/Total: 106 (of 127)

Rank in course/Men: 90 (of 101)

Best time in course: 1:22:06

Rank in category: 14(of 15)

Best time in the category: 1:44:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:02:56	5:56	13	11:20	83	20:46	10.60	1:02:56	5:56	14	11:20	37	6:38
Last lap Finish	10.50	1:10:49	6:44	14	17:59	91	30:53	21.10	2:13:45	6:20	14	29:19	90	51:39