



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Hempel, Christina

Club: Running Tv Bedburg  
Number: 431

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Frauen W50

Total time: 2:13:56

Speed: 9.45 km/h  
Running performance: 6:21 min/km

Rank in course/Total: 107 (of 127)

Rank in course/Women: 17 (of 26)

Best time in course: 1:44:43

Rank in category: 3(of 9)

Best time in the category: 1:55:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:07:05	6:19	4	8:37	18	14:00	10.60	1:07:05	6:19	3	7:50	11	1:47
Last lap Finish	10.50	1:06:51	6:21	3	10:16	18	15:13	21.10	2:13:56	6:20	3	18:06	17	29:13