



4. Schlaubetal-Marathon
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Trosch, Manuela

Club: SG Willmersdorf SKALAWARA
Number: 321

Course: 21.10 km
Cross-Halbmarathon

Category:
Frauen W40

Total time: 2:27:06

Speed: 8.57 km/h
Running performance: 6:58 min/km

Rank in course/Total: 117 (of 127)

Rank in course/Women: 22 (of 26)

Best time in course: 1:44:43

Rank in category: 8(of 8)

Best time in the category: 1:44:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:11:05	6:42	8	18:00	24	18:00	10.60	1:11:05	6:42	8	18:00	6	5:47
Last lap Finish	10.50	1:16:01	7:14	8	24:23	21	24:23	21.10	2:27:06	6:58	8	42:23	22	42:23