



4. Schlaubetal-Marathon  
Eisenhüttenstadt / 23.10.2010

Detailed evaluation

Grogger, Guido

Club: Königs Wusterhausen  
Number: 311

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M30

Total time: 2:35:15

Speed: 8.15 km/h  
Running performance: 7:22 min/km

Rank in course/Total: 125 (of 127)

Rank in course/Men: 101 (of 101)

Best time in course: 1:22:06

Rank in category: 7(of 7)

Best time in the category: 1:41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:14:06	6:59	7	22:26	99	31:56	10.60	1:14:06	6:59	7	22:26	27	17:48
Last lap Finish	10.50	1:21:09	7:43	7	31:45	99	41:13	21.10	2:35:15	7:21	7	53:33	101	1:13:09