



# 4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

## Detailed evaluation

**Grogger, Guido**

Club: Königs Wusterhausen  
Number: 311

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M30

Total time: 2:35:15

Speed: 8.12 km/h  
Running performance: 7:22 min/km

Rank in course/Total: 125 (of 127)

Rank in course/Men: 101 (of 101)

Best time in course: 1:22:06

Rank in category: 7(of 7)

Best time in the category: 1:41:42

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:14:06	6:59	7	22:26	99	31:56	10.60	1:14:06	6:59	7	22:26	27	17:48
Last lap Finish	10.50	1:21:09	7:43	7	31:45	99	41:13	21.10	2:35:15	7:21	7	53:33	101	1:13:09